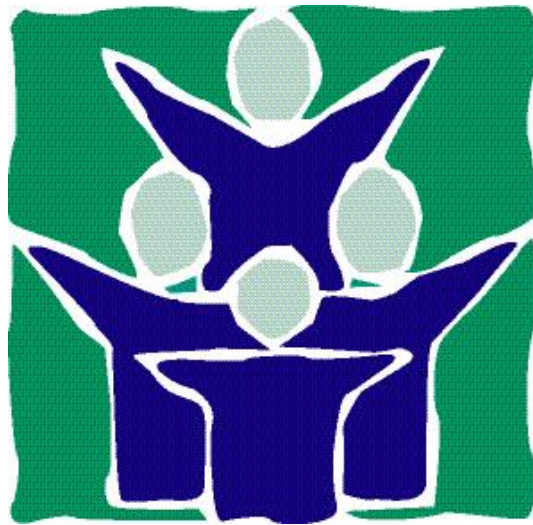


# THE FEDERATION OF FAMILIES FOR CHILDREN'S MENTAL HEALTH

~ COLORADO CHAPTER ~



*The **mission** of the Federation is to promote mental health for all children, youth and families to realize our vision that communities will accept all young people and create opportunities for them to thrive.*

## ANNUAL REPORT

### January –September 2004

## Directors' Report

The goal of the Federation of Families for Children's Mental Health~Colorado Chapter is to build family and youth partnerships with systems of care that provide mental health services and supports. Our objective is to improve outcomes for children and family through education, support, advocacy and promotion of mental health issues in Colorado.

We currently have 250 active family and youth volunteers, 4 paid staff, and are recognized by the National Federation of Families as the Colorado statewide chapter. With everyone's help, in this fiscal year, we had **2,838 contacts with families and youth.**

As a result of development of high level contacts across the state, we achieved a highly effective impact on mental health policy in Colorado, that included:

- Development of a System of Care (SOC) document that was given and reviewed with the Director of the Dept. of Human Services, the JBC Committee, and the governor's office mental health policy analysts.
- Language regarding transition was entered into the Mental Health Block Grant Plan (MHBG) for this upcoming three year cycle.
- Extensive language regarding children's System of Care was developed and written into the MHBG plan.
- Introduced System of Care values and philosophy into the Denver County Child Welfare Team Decision Making in Families process.
- The first statewide System of Care Collaborative Conference will take place in November 2004. The FFCMH-CC assisted in the budget preparation and grants writing process, county team formation, and will act as the fiscal agent for the conference.
- Mental Health Medicaid, Drug Utilization Board recommended to Mental Health Medicaid a restrictive pre-authorization process for children and adolescent atypical antipsychotic medications. With a focused advocacy effort, the process was repealed.

We look forward to the coming year, with our members and donors' help, to continue our existing programs, begin new endeavors, and renew our commitment to our mission and act in the best interest of children and their families,

*Norman C. Carlson, Board President and Ann L. Schrader, Executive Director*

## Need and Opportunity

According the Department of Health and Human Services, twenty percent of children and adolescents, or 1 in 5, have a diagnosable mental health disorder. In Colorado, over eight percent or over 30,000 youth may be in need of mental health services. Research has shown that children experience improved educational outcomes and well being, and reduced length of stay in out-of home placements and residential settings when their parents are involved. Families are experts on their children. Family advocacy services can help families have both "voice and choice" in the services their children receive.

## Programs and Activities

- *Education* to **221** families, youth and service providers on the benefits of family participation; advocacy skills; youth and family coordinator training; evaluation basics and the family role in SOC national evaluation; Promoting Social and Emotional Health in Young Children; youth/professional partnering training; short and long term goal development for family groups; effective time management for family members, Enriched Support Group Curriculum that provides education materials and resources for families and communities with children and youth with co-occurring disorders of substance abuse and mental illness who are involved in the juvenile justice system.

The Colorado Federation coordinated a training by Barbara Huff, National FFCMH Executive Director, about family/professional partnerships.

We also joined with other partner organizations to promote and educate about children's mental health issues through **five statewide conferences**. We participated in, presented at, and helped to financially sponsor: Colorado Head Start Parent's Conference; Child and Adolescent Mental Health Conference; Colorado Restorative Justice Conference, Colorado Parent Teacher Association; and Innovations Conference.

In addition, we supported **30 state, regional and local mental health policymaking bodies** that are regularly staffed by employees and trained volunteers.

- *Support* to family and youth organization members to breakdown barriers to participation in decision-making arenas. We worked with **eight communities and reached 50 family/youth** through our organizational development and support efforts, including technical assistance and fiscal agency services; pre and post meeting technical assistance and training for family members; and reimbursement for childcare costs, mileage and stipends for parents and youth who attend meetings.
- *Individual Advocacy, Information and Referral* services to **313 families/contacts** of children with mental health issues. In addition, we sent out **1537 informational mailings** and had **54,781 hits** on our extensively updated website: [www.coloradofederation.org](http://www.coloradofederation.org)
- *Promote mental health issues* in Colorado by participating in corporate health fairs, assisting in the development of book lists for young children and youth and participating in the May is Mental Health Month library campaign. Eight family members helped to distribute stigma reducing information to libraries across the state. Two high school seniors received our Federation of Families' Award persistence and stamina in overcoming personal life challenges. This award recognizes the hope and courage displayed in achieving success within home, school and community. In addition, we hosted a fundraising event, eliciting sponsorship and assistance from individuals, school and local businesses.

## FINANCIAL INFORMATION

Major Contributors of the Federation include:

- \$74,120 JFK Partners/University of Colorado Health Sciences Center, with the State of Colorado through Center for Mental Health Services, Substance Abuse and Mental Health Services

- Administration for **Project BLOOM**.
- \$ 46,284 – Center for Mental Health Services, Substance Abuse and Mental Health Services Administration for **Statewide Family Network**
- \$43,469 - The Colorado Department of Health and Human Services, Division of Mental Health Services Division for the **Child and Family Advocate**
- \$24,547.74 - The Colorado community has been very supportive of the efforts of our organization. Calculated sponsorship and in-kind donations from volunteers, local businesses and community funding.
- \$6,950 - The Mental Health Association of Colorado through a grant from the Colorado Division of Criminal Justice for **Family Nexus**.

**Statement of Financial Position, September 30, 2004**

**Assets**

Cash and cash equivalents	\$ 1,331
Accounts receivable	\$ 36,182
Prepaid expenses	\$ 596
Property and equipment less depreciation	\$ 124
<b>Total Assets</b> .....	<b>\$ 38,233</b>

**Liabilities**

Accounts payable	\$ 8,860
Deferred revenue	\$10,814
Mortgage and other notes payable	29,264
<b>Total Liabilities</b> .....	<b>\$ 48,938</b>

**Net Assets**

Unrestricted	\$ -11,705
Temporarily restricted	<u>\$ 1,000</u>
<b>Total Net Assets</b> .....	<b>\$ 10,705</b>
<b>Total Liabilities and Net Assets</b> .....	<b>\$ 48,938</b>

**Statement of Activities for the fiscal year ending September 30, 2004**

**Unrestricted Net Assets**

**Revenue, Gains and Other Support:**

Grants and Contracts	\$168,360
Memberships	550
In-kind Donations	3,535
Interest Income	-
Other Income	-
Total Revenues, Gains and other support .....	<u>\$172,445</u>

**Expenses**

Program services	<u>\$165,095</u>
Supporting services:	<u>6,072</u>
Total Expenses .....	<u>\$171,167</u>
<b>Increase in Net Assets</b> .....	<u>\$ 1,278</u>
<b>Net Assets at Beginning of Year</b> .....	<u>\$(-11,983)</u>
<b>Net Assets at End of Year</b> .....	<b>\$ (10,705)</b>

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